

Fasting Scriptures

Ezra 8:21,23 – *“Then I proclaimed a fast there, at the river of Ahava, that we might afflict ourselves before our God, to seek of him a right way for us, and for our little ones, and for all our substance. 23 So we fasted and besought our God for this: and he was intreated of us.”* KJV

Est 4:16 – *“Go, gather together all the Jews that are present in Shushan, and fast ye for me, and neither eat nor drink three days, night or day: I also and my maidens will fast likewise; and so will I go in unto the king, which is not according to the law: and if I perish, I perish.”* KJV

Isa 58:6,8,9 – *“6 Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke? 8 Then shall thy light break forth as the morning, and thine health shall spring forth speedily: and thy righteousness shall go before thee; the glory of the Lord shall be thy rearward. 9 Then shalt thou call, and the Lord shall answer; thou shalt cry, and he shall say, Here I am. If thou take away from the midst of thee the yoke, the putting forth of the finger, and speaking vanity;”* KJV

Joel 1:14 – *“Sanctify ye a fast, call a solemn assembly, gather the elders and all the inhabitants of the land into the house of the Lord your God, and cry unto the Lord,”* KJV

Joel 2:15 – *“Blow the trumpet in Zion, sanctify a fast, call a solemn assembly:”* KJV

Matt 6:16 – *“Moreover when ye fast, be not, as the hypocrites, of a sad countenance: for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, They have their reward.”* KJV

Matt 9:15 – *“And Jesus said unto them, Can the children of the bridechamber mourn, as long as the bridegroom is with them? but the days will come, when the bridegroom shall be taken from them, and then shall they fast.”* KJV

Neh 1:4 – *“And it came to pass, when I heard these words, that I sat down and wept, and mourned certain days, and fasted, and prayed before the God of heaven,”* KJV

Matt 4:2 – *“And when he had fasted forty days and forty nights, he was afterward an hungred.”* KJV

Matt 6:16 – *“Moreover when ye fast, be not, as the hypocrites, of a sad countenance: for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, They have their reward.”* KJV

Acts 13:2-3 – *“As they ministered to the Lord, and fasted, the Holy Ghost said, Separate me Barnabas and Saul for the work whereunto I have called them. 3 And when they had fasted and prayed, and laid their hands on them, they sent them away.”* KJV

Ps 35:13 – *“But as for me, when they were sick, my clothing was sackcloth: I humbled my soul with fasting; and my prayer returned into mine own bosom.”* KJV

Ps 69:10 – *“When I wept, and chastened my soul with fasting, that was to my reproach.”* KJV

Matt 17:20-21- *“And Jesus said unto them, Because of your unbelief: for verily I say unto you, If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you. 21 Howbeit this kind goeth not out but by prayer and fasting.”* KJV

Acts 14:23 – *“And when they had ordained them elders in every church, and had prayed with fasting, they commended them to the Lord, on whom they believed.”* KJV

Luke 2:36-37 – *“And there was one Anna, a prophetess, the daughter of hanuel, of the tribe of Aser: she was of a great age, and had lived with an husband seven years from her virginity; 37 And she was a widow of about fourscore and four years, which departed not from the temple, but served God with fastings and prayers night and day.”* KJV

2 Cor 11:27 – *“In weariness and painfulness, in watchings often, in hunger and thirst, in fastings often, in cold and nakedness.”* KJV